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Smart Medicine for Healthier Living is a complete A-to-Z guide to the most common ailments and disorders and their treatments, using both alternative care and conventional medicine. This unique book is designed to give you quick and easy access to up-to-date information and advice regarding your personal health and safety. Smart Medicine for Healthier Living is divided into three parts.

Smart Medicine for Healthier Living: A Practical A-Z ...

Revised, updated and expanded to reflect the latest thinking and information on children's health issues, "Smart Medicine for a Healthier Child" enables parents to combine

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Smart Medicine for a Healthier Child: A

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Written by a medical doctor, a naturopath, and a registered pharmacist, Smart Medicine for Healthier Living is a complete A-to-Z guide to the most common disorders and their treatments, using both alternative care and conventional medicine. Comprehensive and easy-to-follow, Smart Medicine for Healthier Living is divided into three parts.

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that can be employed to effectively treat childhood health problems, providing an overview of the history, fundamentals, and uses of conventional medicine, herbal medicine, homeopathy, acupressure, diet, and nutritional ...

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The Smart Medicine - Optimal Health

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Jul 14, 2020 Contributor By : Rex Stout

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